

Sri Guru Ram Das University of Health Sciences

Sri Amritsar



TNAI Punjab State Workshop **Post Partum IUCD** Hands on Training

Organized by

Sri Guru Ram Das College of Nursing

in collaboration with

Trained Nurses Association of India - Punjab State Branch



Common Room-I and Skill Lab
SGRD University of Health Sciences
Mehta Road, Sri Amritsar (Punjab)

23rd July, 2022

About the University

Sri Guru Ram Das University of Health Sciences (SGRDUHS), Located at Sri Amritsar, Punjab is an outstanding academic institute dedicated to produce exemplary doctors, nurses, health care professionals, academicians, and researchers. SGRDUHS is a State Private University declared on 19th August 2016 vide ordinance no 7/2016, under the Punjab Private University Policy 2010, established under Punjab Act no. 43 of 2016. It consists of Sri Guru Ram Das Institute of Medical Sciences and Research (SGRDIMSAR), Sri Guru Ram Das College of Nursing (SGRDCON) and Sri Guru Ram Das Rotary Cancer Institute (SGRDRCI). Sri Guru Ram Das Charitable Hospital which came into existence in the year 1977, Medical and Cancer and Nursing Institute's in the year 1997, 1997 and 2001 respectively have been managed under the aegis of Sri Guru Ram Das Charitable Hospital Trust, Sri Amritsar. The University is synonymous with excellence in higher education in health sciences. Every institute under this university has world class facilities and pedagogy, which are constantly reviewed and upgraded to reflect the latest trends and development in higher education.


About the workshop

India's family planning programme has evolved with the shift in focus from merely population control to more critical issues of saving the lives and improving the health of mothers and newborns. Ensuring healthy timing and spacing of pregnancies is now considered the most important intervention for reproductive, maternal, neonatal, child and adolescent health (RMNCH+A). Intrauterine contraceptive devices (IUCD) provide very effective, safe, and long-term—yet reversible—protection from pregnancy. PPIUCD is more emphasized now a days as Postpartum period is one of the important and crucial times when women and couples are highly motivated and more receptive to family planning methods. Insertion of PPIUCD requires training and skill base. Hence this workshop is planned to provide nurses an opportunity to practice in a controlled environment.


Objective of the workshop

By the end of the workshop, the participants will be able to:

- ☑ Demonstrate appropriate counselling and assessment of antenatal women for postpartum family planning in general and immediate postpartum IUCD in particular.
- ☑ Demonstrate screening of women in labor/immediate postpartum for insertion of the IUCD.
- ☑ Perform postplacental and postpartum insertion of the IUCD.
- ☑ Describe the follow-up care of IUCD and PPIUCD client.



- ☑ Nursing Officers
- ☑ Community Health Officers
- ☑ Nursing Faculty
- ☑ M.Sc. Nursing Students




Who can register

First come first serve only 50 seats
Registration Fee  **Rs. 300/-**

Click Here to Registration



Bank Detail	Account Number	32798486731	
	IFSC Code	SBIN0016308	
	Account Name	Sri Guru Ram Das College of Nursing, Amritsar	

Organizing Committee

PATRON-IN-CHIEF

S. Harjinder Singh Dhani

Chancellor, SGRD University of Health Sciences, Sri Amritsar

CHIEF PATRONS

Dr. Daljit Singh

Vice Chancellor,
SGRDUHS, Sri Amritsar

Dr. A P Singh

Dean,
SGRDUHS, Sri Amritsar

Dr. Manjit Singh Uppal

Director Principal,
SGRDIMS, Sri Amritsar

S. Satbir Singh

Secretary Trust



ORGANIZING CHAIRPERSON

Dr. Parvesh Saini

ORGANIZING SECRETARY

Dr. Manpreet Kaur, Ms. Rajbir Kaur

Programme

Time	Topic	Resource Person
08:00 am - 08:30 am	Registration	Ms. Ujala Joshi Ms. Onkardeep Kaur
08:30 am - 09:00 am	Ice breaking session	Ms. Kulwinder Kaur
09:00 am - 09:15 am	Pre-Test	Ms. Rajbir Kaur Ms. Kawaljit Kaur
09:15 am - 09:30 am	Inaugural Ceremony	Dignitaries
09:30 am - 10:00 am	Tea	
10:00 am - 10:45 am	Overview of PPIUCD	Dr. Parvesh Saini
10:45 am - 11:30 am	Counselling a client for PPIUCD	Ms. Nidhi Sagar
11:30 am - 12:15 pm	Client assessment and MEC	Ms. Ekta Malik
12:15 pm - 01:15 pm	PPIUCD Insertion and Removal	Dr. Sangeeta Pahwa
01:15 pm - 01:45 pm	Lunch	
01:45 pm - 02:00 pm	Role play	B.Sc. Nursing (Final Year Students)
02:00 pm - 04:00 pm	Group work :Hands on training	Resource Persons
04:00 pm - 04:15 pm	Post Test	Ms. Rajbir Kaur Ms. Kawaljit Kaur
04:15 pm - 04:30 pm	Valedictory Session	Dignitaries

For further information kindly contact - 7009001436, 8146789331